JOIN US FOR
WOMEN’S HEALTH 2016: THE 24TH ANNUAL CONGRESS

THE MOST COMPREHENSIVE WOMEN’S HEALTH CONFERENCE OF THE YEAR!

APRIL 14–17, 2016 | WASHINGTON, DC

WHO SHOULD ATTEND?
- Clinicians
- Academics
- Researchers
- Policy Makers
- Industry Professionals
- Students/Residents/Fellows

WHY YOU SHOULD ATTEND
- Learn from national leaders and experts
- Hear the most current clinical approaches to women’s health
- Network with national and international colleagues
- Improve patient outcomes

JOIN US PRE-CONFERENCE WORKSHOP
presented by NIH ORWH
Transforming Women’s Health: From Research to Practice
APRIL 14, 2016

ACADEMYOFWOMENSHEALTH.ORG
THE CONGRESS
Join the nearly 1,000 interdisciplinary attendees who find the Congress agenda compelling and timely, the number of CME/CNE credits generous, and the location accessible. Time for questions, sharing information, and networking is scheduled throughout the day and early evening, and our poster sessions and exhibit hall provide up-close interaction. Enjoying the nation’s capital during cherry blossom season is an added bonus.

WHO SHOULD ATTEND
The Women’s Health Congress attracts health professionals across broad disciplines including:
- Physicians
- Physician Assistants
- Advanced Practice Nurses
- Registered Nurses
- Social Workers
- Clinical Psychologists
- Pharmacists
- Researchers
- Policy Makers
- Administrators
- Industry Professionals
- Students and Residents

WHY YOU SHOULD ATTEND
- Learn from national leaders and experts
- Hear the most current clinical approaches to women’s health
- Network with national and international colleagues
- Improve patient outcomes
LEARNING OBJECTIVES

- Implement the most current guidelines for screening a variety of disease states affecting women across their lifespan.
- Employ evidence-based approaches for the diagnosis of diseases impacting all aspects of women’s health.
- Incorporate sex and gender in evidence-based management prevention strategies to address disease states impacting women’s health.
- Utilize evidence-based treatment strategies to provide care for women’s sexual health, including care for women with a history of sexual assault.
- Provide care, counsel, and education to female patients to promote health management and disease prevention.

ACCESS EXPERTS

Renowned experts comprise our all-star roster of presenters. Each is committed to growing the field of Women’s Health and is accessible to interact with on a deeper level.

BUILD YOUR NATIONAL NETWORK

Connecting with colleagues is crucial to strengthening your career. Our networking breaks provide you access to connect with national and international leaders from your field. Our conference is the perfect time to forge new professional partnerships.

CELEBRATE EXCELLENCE

Each year the Congress honors individuals who are improving access to best practices through their breakthrough research, advocacy, and support of women’s health initiatives around the world. Attendees enjoy the opportunity to engage with honorees and each other in a convivial setting.

SUBMIT AN ABSTRACT!

We invite you to submit an abstract! Raise the visibility of your research and program, while establishing yourself and your team as leaders in your field.

Learn how to submit at www.academyofwomenshealth.org

Abstract deadline: December 9, 2015

ABSTRACT DEADLINE EXTENDED TILL JANUARY 8, 2016

REGISTER & SAVE!

EARLY BIRD DEADLINE JANUARY 5, 2016

EARLY BIRD REGISTRATION DEADLINE EXTENDED TILL FEBRUARY 5, 2016

SUBMIT AN ABSTRACT!

We invite you to submit an abstract! Raise the visibility of your research and program, while establishing yourself and your team as leaders in your field.

Learn how to submit at www.academyofwomenshealth.org

Abstract deadline: December 9, 2015

ABSTRACT DEADLINE EXTENDED TILL JANUARY 8, 2016

REGISTER & SAVE!

EARLY BIRD DEADLINE JANUARY 5, 2016

EARLY BIRD REGISTRATION DEADLINE EXTENDED TILL FEBRUARY 5, 2016
STATEMENT OF NEED/PROGRAM OVERVIEW

This program is designed to provide physicians, nurses and allied healthcare professionals with a broad range of topics relevant to women’s health across the lifespan. This includes the most recent research and its application to patient care, and the most current information in diagnosis and therapeutics.

DISCLOSURE OF CONFLICTS OF INTEREST

Postgraduate Institute for Medicine (PIM) requires instructors, planners, managers, and other individuals who are in a position to control the content of this activity, to disclose any real or apparent conflict of interest (COI) they may have as related to the content of this activity. All identified COI are thoroughly vetted and resolved according to PIM policy. The existence or absence of COI for everyone in a position to control content will be disclosed to participants prior to the start of each activity.

CONGRESS CHAIRS

SUSAN KORNSTEIN, MD
Congress Chair
Executive Director, VCU Institute for Women’s Health
Editor-in-Chief, Journal of Women’s Health
President, Academy of Women’s Health

WENDY KLEIN, MD, MACP
Co-Chair
Associate Professor Emeritus for Internal Medicine, Obstetrics and Gynecology / VCU Institute School of Medicine

LISA ELLIS, MD, FACP
Co-Chair
Chief Medical Officer, Medical College of Virginia; Associate Professor, Internal Medicine and OB/GYN
VCU Institute for Women’s Health

NURSING CONTINUING EDUCATION

CREDIT DESIGNATION

This educational activity for 19.70 contact hours is provided by Postgraduate Institute for Medicine. Designated for 11.25 contact hours of pharmacotherapy credit for Advanced Practice Registered Nurses.

ACREDITATION STATEMENT

Postgraduate Institute for Medicine is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

AAFP ACCREDITATION

This activity has been submitted to the American Academy of Family Physicians for 19.75 credits.

A statement of Credit will be issued only upon receipt of a completed activity evaluation form and will be emailed to you within 4 weeks.
**THURSDAY, APRIL 14, 2016**

**2:30PM – 5:00PM**
TRANSFORMING WOMEN’S HEALTH: FROM RESEARCH TO PRACTICE
Presented by NIH Office of Research on Women’s Health

**FRIDAY, APRIL 15, 2016**

**6:15AM – 7:00AM**
YOGA: EMBRACE THE DAY

**7:00AM – 7:45AM**
REGISTRATION & CONTINENTAL BREAKFAST

**7:45AM – 8:00AM**
WELCOME OPENING REMARKS

---

### SESSION I MORNING

**8:00AM – 8:45AM**
DIABETES IN THE REPRODUCTIVE YEARS
**Kristen Gill Hairston, MD, MPH**
Associate Professor of Internal Medicine; Medical Director, Joslin Diabetes Center, Wake Forest University School of Medicine

*This session is supported, in part, by an independent educational grant from Medtronic Diabetes*

**8:45AM – 9:30AM**
VAGINITIS AGAIN?
**Christine Isaacs, MD**
Associate Professor of Obstetrics and Gynecology, VCU School of Medicine

**9:30AM – 10:15AM**
CHRONIC PELVIC PAIN: EVALUATING WISELY
**Colleen Fitzgerald, MD, MS**
Associate Professor of Rehabilitation, Obstetrics and Gynecology & Urology, Loyola University Health System

**10:15AM – 10:45AM**
BREAK: POSTER SESSION; NETWORKING; EXHIBITS

**10:45AM – 11:30AM**
METABOLIC SYNDROME & PCOS: BEST PRACTICES
**Kristen Gill Hairston, MD, MPH**
Associate Professor of Internal Medicine; Medical Director, Joslin Diabetes Center, Wake Forest University School of Medicine

**11:30AM – 12:15PM**
MENOPAUSE MANAGEMENT: CHALLENGING CASES
**JoAnn Pinkerton, MD**
Professor & Vice Chair of Obstetrics and Gynecology; Director, Midlife Health Center, University of Virginia Health System

**12:15PM – 1:30PM**
LUNCHEON PRESENTATION
RESISTANCE IN VULVOVAGINAL CANDIDIASIS
**Hope Haefner, MD**
Professor, Obstetrics & Gynecology, University of Michigan Hospitals

*This session is supported by Prestige Brands*

---

### SESSION II AFTERNOON

**1:30PM – 2:15PM**
TRUDY BUSH LECTURE: ESTROGEN & THE HEART
**Howard Hodis, MD**
Professor of Medicine; Harry Bauer & Dorothy Bauer Rawlins Professor of Cardiology, Keck School of Medicine of USC

**2:15PM – 3:00PM**
NEWS YOU CAN USE: RECENT STUDIES THAT HAVE CHANGED MY PRACTICE
**Melissa McNeil, MD, MPH**
Professor of Medicine, Obstetrics, Gynecology, and Reproductive Sciences; Director, Comprehensive Women’s Health Program, University of Pittsburgh Medical Center

**3:00PM – 3:30PM**
BREAK: POSTER SESSION; NETWORKING; EXHIBITS

**3:30PM – 4:15PM**
DEPRESSION & PREGNANCY: BEFORE, DURING, AFTER
**Lee Cohen, MD**
Carpenter Professor of Psychiatry, Harvard Medical School Director, Center for Women’s Mental Health, Massachusetts General Hospital

**4:15PM – 5:00PM**
ADVANCING WOMEN’S HEALTH WITH INTEGRATIVE MEDICINE
**Linda Lee, MD**
Director of Johns Hopkins Integrative Medicine & Digestive Center; Associate Professor of Medicine, The Johns Hopkins Hospital

**5:00PM**
ADJOURN

**6:00PM**
ACADEMY OF WOMEN’S HEALTH – MEMBER RECEPTION

**7:15PM**
ACADEMY OF WOMEN’S HEALTH BOARD DINNER
SESSION III MORNING

8:30AM – 9:15AM
LIPIDS: WHY TO TREAT, WHEN TO TREAT
C. Noel Bairey Merz, MD, FACC, FAHA
Women’s Guild Endowed Chair in Women’s Health; Director, Barbra Streisand Women’s Heart Center & Linda Joy Pollin Women’s Heart Program, Cedars-Sinai Medical Center; Professor of Medicine, UCLA Geffen School of Medicine

9:15AM – 10:00AM
DEMENTIA IN WOMEN: DIAGNOSIS AND CARE
Neelum T. Aggarwal, MD
Associate Professor, Departments of Neurological Sciences, Rush Alzheimer’s Disease Center; Director for Research, Rush Heart Center for Women, Rush University Medical Center

10:00AM – 10:30AM
BREAK: POSTER SESSION; NETWORKING; EXHIBITS

10:30AM – 11:15AM
INFERTILITY: 2016 UPDATE
David Keefe, MD
Stanley H. Kaplan Professor and Chair of Obstetrics and Gynecology, NYU School of Medicine

11:15AM – 12:00PM
TRANSGENDER HEALTHCARE
Madeline Deutsch, MD, MPH
Director of Clinical Services, Center of Excellence for Transgender Health, University of California San Francisco

SESSION IV AFTERNOON

1:30PM – 2:15PM
VIVIAN PINN WOMEN’S HEALTH RESEARCH KEYNOTE
EVIDENCE-BASED BREAST CANCER SCREENING
Karla Kerlikowske, MD
Professor of Medicine, Epidemiology and Biostatistics, University of California at San Francisco School of Medicine

2:15PM – 3:00PM
SEXUAL HEALTH: WHAT’S NEW, WHAT’S TRUE
Anita Clayton, MD
David C. Wilson Professor of Psychiatry & Neurobehavioral Sciences; Professor of Clinical Obstetrics & Gynecology, University of Virginia Health System

This session is supported, in part, by an independent educational grant from Valeant Pharmaceuticals North America LLC

3:00PM – 3:30PM
BREAK: POSTER SESSION; NETWORKING; EXHIBITS

3:30PM – 4:15PM
WOMEN & SLEEP DISORDERS: CURRENT STRATEGIES
Henry Klar Yaggi, MD, MPH
Associate Professor of Medicine; Director, Yale Centers for Sleep Medicine, Yale School of Medicine

4:15PM – 5:00PM
HIV IN WOMEN: SCREENING & PREVENTION
Charlene Flash, MD, MPH
Assistant Professor of Medicine, Section of Infectious Diseases, Baylor College of Medicine

5:00PM
POSTER RECEPTION & CONGRESS AWARDS
SESSION V MORNING

8:30AM – 9:15AM
OBESITY IN WOMEN: INSIGHTS FOR THE CLINICIAN
Fatima Cody Stanford, MD, MPH, MPA
Instructor of Medicine and Pediatrics, Harvard Medical School; MGH Weight Center, Massachusetts General Hospital

9:15AM – 10:00AM
HEADACHES AND HORMONES
Anne H. Calhoun, MD, FAHS
Carolina Headache Institute; Professor, Departments of Anesthesiology and Psychiatry, University of North Carolina

10:00AM – 10:30AM
BREAK: POSTER SESSION; NETWORKING; EXHIBITS

10:30AM – 11:15AM
COMMON DERMATOLOGIC DILEMMAS IN WOMEN
Julia Nunley, MD
Professor of Dermatology, VCU School of Medicine

11:15AM – 12:00PM
BONE & PROGESTERONE: WHAT THE EVIDENCE TELLS US
Andrea Singer, MD, FACP
Associate Professor of Medicine; Director, Women’s Primary Care; Director, Bone Densitometry, MedStar

This activity is supported, in part, by educational funding donation provided by Amgen

12:00PM
ADJOURN
WOMEN’S HEALTH 2016: THE 24TH ANNUAL CONGRESS
APRIL 14 – 17, 2016 | WASHINGTON, DC

CLICK HERE TO REGISTER ONLINE:

By Fax: 914-740-2101 or Mail To: Academy of Women’s Health/WH2016
140 Huguenot Street, 3rd Floor, New Rochelle, New York 10801

PLEASE PRINT:
Name ___________________________ Degree(s) __________________
Medical Specialty __________________
Title _________________________________________________________
Affiliation ________________________________________________________
Address ________________________________ State ___________ Zip ______
Phone ___________________________ Fax ___________________________
Email ________________________________
Special Dietary Needs _______________________________________

JOIN THE ACADEMY OF WOMEN’S HEALTH
WWW.ACADEMYOFWOMENSHEALTH.ORG
JOIN NOW AND SAVE

Please Check All Appropriate Boxes:

ACADEMY OF WOMEN’S HEALTH MEMBERS

□ Physician/PhD/Policymaker/Industry Professional
□ Nurse/Allied Health Professional
□ Student/Intern/Resident

EARLY BIRD DEADLINE FEB. 5
REGULAR RATE (After Feb. 5)

$495 $595
$360 $430
$195 $245

NON-MEMBERS

□ Physician/PhD/Policymaker/Industry Professional
□ Nurse/Allied Health Professional
□ Student/Intern/Resident

$695 $800
$495 $595
$345 $415

ADDITIONAL OPTIONS

□ I wish to purchase a hard copy of the Congress syllabus $60
□ I wish to purchase a USB drive containing the Congress syllabus $10

CONTRIBUTIONS

□ International Travel Support $ ___________
□ Friends of the Academy $ ___________

PAYMENT OPTIONS
Enclosed is my check/money order for $ ___________
Make checks payable to Institute for Professional Education, in US currency and drawn on a US bank.
Charge in the amount of $ ___________

□ American Express □ Visa/MasterCard □ Discover

Card # ___________________________ Security Code ___________________________ Exp. Date ___________________________
Name on Card ___________________________
Billing Address ___________________________
Signature ___________________________

Cancellation Policy: Written cancellations received prior to February 1, 2016, will receive a refund minus an administrative charge of $100. Cancellation after this date is non-refundable; however, substitutions from the same company are welcomed. If, for any reason, this conference is cancelled, Academy of Women’s Health is not responsible for covering airfare, hotel, or other costs incurred by conference registrants.

HOTEL AND TRAVEL
Women’s Health 2016 will be held at the Crystal Gateway Marriott.
1700 Jefferson Davis Highway
Arlington, VA, 22202 USA
Phone: 703-920-3230
Fax: 202-637-4781

A block of rooms is being held at the following rates per night:
Single and Double Occupancy $184

Please be sure to mention that you are attending Women’s Health 2016: The 24th Annual Congress.

Reservations must be received on or before Wednesday, March 23, 2016 at 5:00PM.

AREA AIRPORTS

REAGAN NATIONAL AIRPORT:
Approximately 2 miles from the hotel

DULLES INTERNATIONAL AIRPORT:
Approximately 27 miles from the hotel

Please call our official travel agent, Wayne Coven, Empress Travel, (800) 933-9054 or (212) 410-9990 for flight information.

AMERICANS WITH DISABILITIES ACT

Event staff will be glad to assist you with any special needs (ie: physical, dietary, etc.). Please contact Nilida Rivera prior to the event at (914) 740-2181.

ABOUT THE JOURNAL

The Official Journal of the Academy of Women’s Health and the Society for Women’s Health Research, this authoritative journal is the leading source of information for meeting the unique challenges of providing optimal health care for women. Coverage includes the latest advances in diagnostic and therapeutic procedures, as well as innovative research in gender-based biology.

WWW.LIEBERTPUB.COM/JWH