THE CONGRESS

Join the nearly 1,000 interdisciplinary attendees who find the Congress agenda compelling and timely, the number of CME/CNE credits generous, and the location accessible. Time for questions, sharing information, and networking is scheduled throughout the day and early evening, and our poster sessions and exhibit hall provide up-close interaction. Enjoying the nation’s capital during cherry blossom season is an added bonus.

WHO SHOULD ATTEND

The Women’s Health Congress attracts health professionals across broad disciplines including:

- Physicians
- Physician Assistants
- Advanced Practice Nurses
- Registered Nurses
- Social Workers
- Clinical Psychologists
- Pharmacists
- Researchers
- Policy Makers
- Administrators
- Industry Professionals
- Students and Residents

WHY YOU SHOULD ATTEND

- Learn from national leaders and experts
- Hear the most current clinical approaches to women’s health
- Network with national and international colleagues
- Improve patient outcomes
LEARNING OBJECTIVES

- Implement the most current guidelines for screening a variety of disease states affecting women across their lifespan.
- Employ evidence-based approaches for the diagnosis of diseases impacting all aspects of women’s health.
- Incorporate sex and gender in evidence-based management prevention strategies to address disease states impacting women’s health.
- Utilize evidence-based treatment strategies to provide care for women’s sexual health, including care for women with a history of sexual assault.
- Provide care, counsel, and education to female patients to promote health management and disease prevention.

ACCESS EXPERTS

Renowned experts comprise our all-star roster of presenters. Each is committed to growing the field of Women’s Health and is accessible to interact with on a deeper level.

BUILD YOUR NATIONAL NETWORK

Connecting with colleagues is crucial to strengthening your career. Our networking breaks provide you access to connect with national and international leaders from your field. Our conference is the perfect time to forge new professional partnerships.

CELEBRATE EXCELLENCE

Each year the Congress honors individuals who are improving access to best practices through their breakthrough research, advocacy, and support of women’s health initiatives around the world. Attendees enjoy the opportunity to engage with honorees and each other in a convivial setting.

SUBMIT AN ABSTRACT!

We invite you to submit an abstract! Raise the visibility of your research and program, while establishing yourself and your team as leaders in your field.

Learn how to submit at www.academyofwomenshealth.org
Abstract deadline: December 9, 2015

ABSTRACT DEADLINE EXTENDED TILL JANUARY 8, 2016

REGISTER & SAVE!

EARLY BIRD DEADLINE JANUARY 5, 2016
EARLY BIRD REGISTRATION DEADLINE EXTENDED TILL FEBRUARY 5, 2016

REGISTER & SAVE!

EARLY BIRD DEADLINE JANUARY 5, 2016
EARLY BIRD REGISTRATION DEADLINE EXTENDED TILL FEBRUARY 5, 2016

PHONE: 914.740.2128 | FAX: 914.740.2101 | EMAIL: AWH@ACADEMYOFWOMENSHEALTH.ORG
STATEMENT OF NEED/PROGRAM OVERVIEW
This program is designed to provide physicians, nurses and allied healthcare professionals with a broad range of topics relevant to women’s health across the lifespan. This includes the most recent research and its application to patient care, and the most current information in diagnosis and therapeutics.

DISCLOSURE OF CONFLICTS OF INTEREST
Postgraduate Institute for Medicine (PIM) requires instructors, planners, managers, and other individuals who are in a position to control the content of this activity, to disclose any real or apparent conflict of interest (COI) they may have as related to the content of this activity. All identified COI are thoroughly vetted and resolved according to PIM policy. The existence or absence of COI for everyone in a position to control content will be disclosed to participants prior to the start of each activity.

CONGRESS CHAIRS

SUSAN KORNSTEIN, MD
Congress Chair
Executive Director, VCU Institute for Women’s Health
Editor-in-Chief, Journal of Women’s Health
President, Academy of Women’s Health

WENDY KLEIN, MD, MACP
Co-Chair
Associate Professor Emeritus for Internal Medicine, Obstetrics and Gynecology / VCU Institute School of Medicine

LISA ELLIS, MD, FACP
Co-Chair
Chief Medical Officer, Medical College of Virginia; Associate Professor, Internal Medicine and OB/GYN
VCU Institute for Women’s Health

PHYSICIAN CONTINUING MEDICAL EDUCATION

ACCREDITATION STATEMENT
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Postgraduate Institute for Medicine, Academy of Women’s Health, and Institute for Professional Education. Postgraduate Institute for Medicine is accredited by the ACCME to provide continuing medical education for physicians.

CREDIT DESIGNATION
The Postgraduate Institute for Medicine designates this live activity for a maximum of 23.75 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSING CONTINUING EDUCATION

CREDIT DESIGNATION
This educational activity for 19.70 contact hours is provided by Postgraduate Institute for Medicine. Designated for 11.25 contact hours of pharmacotherapy credit for Advanced Practice Registered Nurses.

ACCREDITATION STATEMENT
Postgraduate Institute for Medicine is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

AAFP ACCREDITATION
This activity has been submitted to the American Academy of Family Physicians for 19.75 credits.

A statement of Credit will be issued only upon receipt of a completed activity evaluation form and will be emailed to you within 4 weeks.
CONFERENCE-AT-A-GLANCE

THURSDAY, APRIL 14, 2016

2:30PM – 5:00PM
TRANSFORMING WOMEN’S HEALTH: FROM RESEARCH TO PRACTICE
Presented by NIH Office of Research in Women’s Health

FRIDAY, APRIL 15, 2016

6:15AM – 7:00AM
YOGA: EMBRACE THE DAY

7:00AM – 7:45AM
REGISTRATION & CONTINENTAL BREAKFAST

7:45AM – 8:00AM
WELCOME OPENING REMARKS

SESSION I MORNING

8:00AM – 8:45AM
DIABETES IN THE REPRODUCTIVE YEARS
Kristen Gill Hairston, MD, MPH
Associate Professor of Internal Medicine; Medical Director, Joslin Diabetes Center, Wake Forest University School of Medicine

8:45AM – 9:30AM
DEPRESSION & PREGNANCY: BEFORE, DURING, AFTER
Lee Cohen, MD
Carpenter Professor of Psychiatry, Harvard Medical School Director, Center for Women’s Mental Health, Massachusetts General Hospital

9:30AM – 10:15AM
CHRONIC PELVIC PAIN: EVALUATING WISELY
Colleen Fitzgerald, MD, MS
Associate Professor of Rehabilitation, Obstetrics and Gynecology & Urology, Loyola University Health System

10:15AM – 10:45AM
BREAK: POSTER SESSION; NETWORKING; EXHIBITS

10:45AM – 11:30AM
METABOLIC SYNDROME & PCOS: BEST PRACTICES
Kristen Gill Hairston, MD, MPH
Associate Professor of Internal Medicine; Medical Director, Joslin Diabetes Center, Wake Forest University School of Medicine

11:30AM – 12:15PM
MENOPAUSE MANAGEMENT: CHALLENGING CASES
JoAnn Pinkerton, MD
Professor & Vice Chair of Obstetrics and Gynecology; Director, Midlife Health Center, University of Virginia Health System

12:15PM – 1:30PM
LUNCH

SESSION II AFTERNOON

1:30PM – 2:15PM
TRUDY BUSH LECTURE: ESTROGEN & THE HEART
Howard Hodis, MD
Professor of Medicine; Harry Bauer & Dorothy Bauer Rawlins Professor of Cardiology, Keck School of Medicine of USC

2:15PM – 3:00PM
NEWS YOU CAN USE: RECENT STUDIES THAT HAVE CHANGED MY PRACTICE
Melissa McNeil, MD, MPH
Professor of Medicine, Obstetrics, Gynecology, and Reproductive Sciences; Director, Comprehensive Women’s Health Program, University of Pittsburgh Medical Center

3:00PM – 3:30PM
BREAK: POSTER SESSION; NETWORKING; EXHIBITS

3:30PM – 4:15PM
VAGINITIS AGAIN?
Christine Isaacs, MD
Associate Professor of Obstetrics and Gynecology, VCU School of Medicine

4:15PM – 5:00PM
BONE & PROGESTERONE: WHAT THE EVIDENCE TELLS US
Andrea Singer, MD, FACP
Associate Professor of Medicine; Director, Women’s Primary Care; Director, Bone Densitometry, MedStar

5:00PM
ADJOURN

6:00PM
ACADEMY OF WOMEN’S HEALTH – MEMBER RECEPTION
6:15AM – 7:00AM
YOGA: EMBRACE THE DAY

SESSION III MORNING

8:30AM – 9:15AM
INFERTILITY: 2016 UPDATE
David Keefe, MD
Stanley H. Kaplan Professor and Chair of Obstetrics and Gynecology, NYU School of Medicine

9:15AM – 10:00AM
DEMENTIA IN WOMEN: DIAGNOSIS AND CARE
Richard Lipton, MD
Edwin S. Lowe Professor and Vice Chair of Neurology; Professor of Epidemiology, Population Health, Psychiatry & Behavioral Science; Director, Division of Cognitive Aging and Dementia; Director, Montefiore Headache Center, Albert Einstein College of Medicine

10:00AM – 10:30AM
BREAK: POSTER SESSION; NETWORKING; EXHIBITS

10:30AM – 11:15AM
LIPIDS: WHY TO TREAT, WHEN TO TREAT
C. Noel Bairey Merz, MD, FACC, FAHA
Women’s Guild Endowed Chair in Women’s Health; Director, Barbra Streisand Women’s Heart Center & Linda Joy Pollin Women’s Heart Health Program, Cedars-Sinai Medical Center; Professor of Medicine, UCLA Geffen School of Medicine

11:15AM – 12:00PM
TRANSGENDER HEALTHCARE
Madeline Deutsch, MD, MPH
Director of Clinical Services, Center of Excellence for Transgender Health, University of California San Francisco

12:00PM – 1:30PM
LUNCH

SESSION IV AFTERNOON

1:30PM – 2:15PM
VIVIAN PINN WOMEN’S HEALTH RESEARCH KEYNOTE
EVIDENCE-BASED BREAST CANCER SCREENING
Karla Kerlikowske, MD
Professor of Medicine, Epidemiology and Biostatistics, University of California at San Francisco School of Medicine

2:15PM – 3:00PM
SEXUAL HEALTH: WHAT’S NEW, WHAT’S TRUE
Anita Clayton, MD
David C. Wilson Professor of Psychiatry & Neurobehavioral Sciences; Professor of Clinical Obstetrics & Gynecology, University of Virginia Health System

3:00PM – 3:30PM
BREAK: POSTER SESSION; NETWORKING; EXHIBITS

3:30PM – 4:15PM
WOMEN & SLEEP DISORDERS: CURRENT STRATEGIES
Henry Klar Yaggi, MD, MPH
Associate Professor of Medicine; Director, Yale Centers for Sleep Medicine, Yale School of Medicine

4:15PM – 5:00PM
HIV IN WOMEN: SCREENING & PREVENTION
Charlene Flash, MD, MPH
Assistant Professor of Medicine, Section of Infectious Diseases, Baylor College of Medicine

5:00PM
POSTER RECEPTION & CONGRESS AWARDS
SUNDAY, APRIL 17, 2016

6:15AM – 7:00AM
YOGA: EMBRACE THE DAY

7:00AM – 8:30AM
BREAKFAST SYMPOSIUM

SESSION V MORNING

8:30AM – 9:15AM
OBESITY IN WOMEN: INSIGHTS FOR THE CLINICIAN
Fatima Cody Stanford, MD, MPH, MPA
Instructor of Medicine and Pediatrics, Harvard Medical School

9:15AM – 10:00AM
HEADACHES AND HORMONES
Richard Lipton, MD
Edwin S. Lowe Professor and Vice Chair of Neurology; Professor of Epidemiology, Population Health, Psychiatry & Behavioral Science; Director, Division of Cognitive Aging and Dementia; Director, Montefiore Headache Center, Albert Einstein College of Medicine

10:00AM – 10:30AM
BREAK: POSTER SESSION; NETWORKING; EXHIBITS

10:30AM – 11:15AM
COMMON DERMATOLOGIC DILEMMAS IN WOMEN
Julia Nunley, MD
Professor of Dermatology, VCU School of Medicine

11:15AM – 12:00PM
INTEGRATIVE MEDICINE IN WOMEN’S HEALTH
Linda Lee, MD
Director of Johns Hopkins Integrative Medicine & Digestive Center; Associate Professor of Medicine, The Johns Hopkins Hospital

12:00PM – 1:30PM
ADJOURN
WOMEN'S HEALTH 2016: THE 24TH ANNUAL CONGRESS
APRIL 14 – 17, 2016 | WASHINGTON, DC

REGISTER ONLINE: www.academyofwomenshealth.org
By Fax: 914-740-2101 or
Mail To: Academy of Women’s Health/WH2016
140 Huguenot Street, 3rd Floor, New Rochelle, New York 10801

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WWW.ACADEMYOFWOMENSHEALTH.ORG

Please Check All Appropriate Boxes:

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<th>EARLY BIRD</th>
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<td>□ Physician/PhD/Policymaker/</td>
<td>$495</td>
<td>$595</td>
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<td>□ International Travel Support</td>
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<td>□ Friends of the Academy</td>
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ADDITIONAL OPTIONS
I wish to purchase a hard copy of the Congress syllabus
□ YES $60.00 □ NO $0.00
I wish to purchase a USB drive containing the Congress syllabus
□ YES $60.00 □ NO $0.00

PAYMENT OPTIONS
Enclosed is my check/money order for $ ________________
Make checks payable to Institute for Professional Education, in US currency and drawn on a US bank.
Charge in the amount of $ ________________
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Card # ____________________________
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Cancellation Policy: Written cancellations received prior to February 1, 2016, will receive a refund minus an administrative charge of $100. Cancellation after this date is non-refundable; however, substitutions from the same company are welcomed. If, for any reason, this conference is cancelled, Academy of Women’s Health is not responsible for covering airfare, hotel, or other costs incurred by conference registrants.

HOTEL AND TRAVEL
Women’s Health 2016 will be held at the Crystal Gateway Marriott,
1700 Jefferson Davis Highway
Arlington, VA, 22202 USA
Phone: 703-920-3230
Fax: 202-637-4781

A block of rooms is being held at the following rates per night:
Single and Double Occupancy $184

Please be sure to mention that you are attending Women’s Health 2016:
The 24th Annual Congress.

Reservations must be received on or before Wednesday, March 23, 2016 at 5:00PM.

AREA AIRPORTS
REAGAN NATIONAL AIRPORT: Approximately 2 miles from the hotel
DULLES INTERNATIONAL AIRPORT: Approximately 27 miles from the hotel

Please call our official travel agent, Wayne Coven, Empress Travel, (800) 933-9054 or (212) 410-9990 for flight information.

AMERICANS WITH DISABILITIES ACT
Event staff will be glad to assist you with any special needs (ie: physical, dietary, etc.). Please contact Nilda Rivera prior to the event at (914) 740-2181.

ABOUT THE JOURNAL
The Official Journal of the Academy of Women’s Health and the Society for Women’s Health Research, this authoritative journal is the leading source of information for meeting the unique challenges of providing optimal health care for women. Coverage includes the latest advances in diagnostic and therapeutic procedures, as well as innovative research in gender-based biology.

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